

Patient Information Leaflet

Scheduling status

Schedule 0

Proprietary name, strength and pharmaceutical form

Neurexan® Tablets

Read all of this leaflet carefully because it contains important information for you

Neurexan® is available without a doctor's prescription, for you to treat a mild illness. Nevertheless you still need to use Neurexan® carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Do not share Neurexan® with any other person.
- Ask your pharmacist if you need more information or advice.
- You must see a doctor if your symptoms worsen or do not improve within 3 weeks.

1. What Neurexan® contains:

Each tablet contains:

The active substances are: Passiflora incarnata D2 0,6 mg, Avena sativa D2 0,6 mg, Coffea arabica D12 0,6 mg, Zincum isovalerianicum D4 0,6 mg.

The other ingredient is: Magnesium stearate.

Each tablet contains 300 mg lactose.

2. What Neurexan® is used for:

Pharmacological classification: D.33.2. Homeopathy.

Discipline of the medicine: Homeopathy

This medicine is prepared in accordance with homeopathic principles and is indicated for nervous restlessness, insomnia and sleeping problems.

3. Before you take Neurexan®

Do not take Neurexan®:

- if you are hypersensitive (allergic) to active substances or any of the other ingredients of Neurexan®.
- Do not use if pregnant or breastfeeding except under practitioner supervision.

Pregnancy and Breastfeeding

Do not use if pregnant or breastfeeding (see Do not take Neurexan®).

If you are pregnant or breastfeeding your baby while taking this medicine, please consult your doctor, pharmacist or other healthcare professional for advice.

Important information about some of the ingredients of Neurexan®:

This remedy contains lactose and persons who have a lactose intolerance should therefore not take this preparation. A temporary aggravation of the existing symptoms is possible after taking a homeopathic preparation.

Taking other medicines with Neurexan®:

If you are taking other medicines on a regular basis, including complementary or traditional medicines, the use of Neurexan® with these medicines may cause undesirable interactions. Please consult your doctor, pharmacist or other healthcare professional for advice.

4. How to take Neurexan®

Do not share medicines prescribed for you with any other person.

Always take Neurexan® exactly as your doctor has instructed you. You should check with your doctor or pharmacist if you are unsure.

Contact a health practitioner should the condition not improve within 3 weeks. Unless otherwise prescribed, do not exceed the stated dose.

The usual dose is:

Adults:

Acute: In general, 1 tablet to be dissolved slowly in the mouth every half to one hour. Do not exceed 12 tablets in one day for long-term therapy.

Chronic: 1 tablet 1-3 times daily.

Insomnia:

Adults (12 years and older): In general, 1 tablet 3 times during the evening. If insomnia persists, 1 tablet every 15 minutes, up to 3 more times.

Children (6 to 11 years): In general, 1 tablet twice during the evening. If insomnia persists, 1 tablet every 15 minutes, up to 2 more times.

Children (1 to 5 years): In general, 1/2 tablet 3 times during the evening. If insomnia persists 1/2 tablet every 15 minutes, up to 3 more times.

Babies (0 to 12 months): In general, 1/2 tablet twice during the evening. If insomnia persists, 1/2 tablet every 15 minutes, up to 2 more times.

Dissolve tablet in a teaspoon of water before administering to a small child.

Replace the lid immediately after use.

If you take more Neurexan® than you should:

Treatment is symptomatic and supportive.

In the event of overdosage, consult your doctor or pharmacist. If neither is available, seek help at the nearest hospital or poison control centre.

If you forget to take Neurexan®:

Do not take a double dose to make up for forgotten individual doses.

5. Possible side effects

Neurexan® can have side effects.

None known.

Not all side effects reported for Neurexan® are included in this leaflet. Should your general health worsen while taking this medicine, please consult your doctor, pharmacist or other healthcare professional for advice.

If you notice any side effects not mentioned in this leaflet, please inform your doctor or pharmacist.

6. Storing and disposing of Neurexan®

Keep all medicines out of the reach and sight of children.

Store in a cool (below 25 °C) dry place.

7. Presentation of Neurexan®

Container of 50 tablets.

8. Identification of Neurexan®

White to yellow white tablet.

9. Application number

D552010 (Act 101/1965).

10. Name and business address of the holder of the certificate of registration

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11. Date of publication

July 2018

This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety or intended use.