

Patient Information Leaflet

Scheduling status

Schedule 0

Proprietary name, strength and pharmaceutical form

Nervoheel® N Tablets

Read all of this leaflet carefully because it contains important information for you

Nervoheel N is available without a doctor's prescription, for you to treat a mild illness.

Nevertheless you still need to use Nervoheel N carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Do not share Nervoheel N with any other person.
- Ask your pharmacist if you need more information or advice.
- You must see a doctor if your symptoms worsen or do not improve.

1. What Nervoheel N contains

Each tablet contains:

The active substances are:

Acidum phosphoricum D4 60 mg; Strychnos ignatii D4 60 mg; Sepia officinalis D4 60 mg; Kalium bromatum D4 30 mg; Zincum isovalerianicum D4 30 mg.

The other ingredients are: Magnesium stearate, Lactose monohydrate (300 mg).

2. What Nervoheel N is used for

Pharmacological classification:

D. 33.2 Homeopathy

Discipline of the medicine: Homeopathy

This medicine is prepared in accordance with homeopathic principles and is proposed for use in patients suffering from general exhaustion and nervous complaints.

3. Before you take Nervoheel N

Do not take Nervoheel N:

- if you are hypersensitive (allergic) to
 - active substances or any of the other ingredients of Nervoheel N
 - bromine

Pregnancy and Breastfeeding

If you are pregnant or breastfeeding your baby while taking this medicine, please consult your doctor, pharmacist or other healthcare professional for advice.

Important information about some of the ingredients of Nervoheel N:

This preparation contains lactose and persons who have a lactose intolerance should therefore not take this preparation. A temporary aggravation of the existing symptoms is possible after taking a homeopathic preparation.

Taking other medicines with Nervoheel N:

If you are taking other medicines on a regular basis, including complementary or traditional medicines, the use of Nervoheel N with these medicines may cause undesirable interactions. Please consult your doctor, pharmacist or other healthcare professional for advice.

4. How to take Nervoheel N

Do not share medicines prescribed for you with any other person.

Always take Nervoheel N exactly as your doctor has instructed you. You should check with your doctor or pharmacist if you are unsure.

The usual dose is:

In general, dissolve one tablet in the mouth 3 times daily.

It is recommended not to eat or drink 15 minutes before or after taking the medication.

Replace the lid immediately after use.

If you take more Nervoheel N than you should:

In the event of overdosage, consult your doctor or pharmacist. If neither is available, seek help at the nearest hospital or poison control centre.

If you forget to take Nervoheel N:

Do not take a double dose to make up for forgotten individual doses.

5. Possible side effects

Nervoheel N can have side effects.

None known.

Not all side effects reported for Nervoheel N are included in this leaflet. Should your general health worsen while taking this medicine, please consult your doctor, pharmacist or other healthcare professional for advice.

If you notice any side effects not mentioned in this leaflet, please inform your doctor or pharmacist.

6. Storing and disposing of Nervoheel N

Keep all medicines out of the reach and sight of children.

- Store in a cool (below 25 °C) dry place.

7. Presentation of Nervoheel N

Containers of 50 tablets.

8. Identification of Nervoheel N

White to grey tablets with a characteristic odour of valerian.

9. Registration number / Reference number

U 5503 (Act 101/1965).

10. Name and business address of the holder of the certificate of registration

ModHomCo (Pty) Ltd
96 Amsterdam Street,
Clubview 0157 Centurion

11. Date of publication

March 2018

This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety or intended use.