

Patient information leaflet

## **Scheduling status**

Schedule 0

## **Proprietary name, strength and pharmaceutical form**

### **Viburcol® N Suppositories**

#### **Read all of this leaflet carefully because it contains important information for you**

Viburcol® N is available without a doctor's prescription, for you to treat a mild illness. Nevertheless you still need to use Viburcol® N carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Do not share Viburcol® N with any other person.
- Ask your pharmacist if you need more information or advice.
- You must see a doctor if your symptoms worsen or do not improve.

#### **1. What Viburcol® N contains**

Each suppository contains:

The active substances are: Chamomilla recutita D1 1,100 mg; Atropa belladonna D2 1,100 mg; Plantago major D3 1,100 mg; Pulsatilla pratensis D2 2,200 mg; Calcium carbonicum Hahnemanni D8 4,400 mg.

The other ingredient is: Hard fat.

#### **2. What Viburcol® N is used for**

Pharmacological classification: D.33.2. Homeopathy.

Discipline of the medicine: Homeopathy

This medicine is prepared in accordance with homeopathic principles and is proposed for use in infants and children in conditions of restlessness with or without fever; symptomatic treatment of common infections.

#### **3. Before you use Viburcol® N**

##### **Do not use Viburcol® N:**

- if you are hypersensitive (allergic) to
  - active substances or any of the other ingredients of Viburcol® N
  - to Chamomilla or botanicals of the daisy (compositae) family.

##### **Warnings**

If symptoms persist or worsen you should consult a doctor or healthcare professional.

In the first year of life, you should consult a doctor in case of ongoing fever above 38 °C. Toddlers should be presented to a doctor from the second day of illness at the latest.

##### **Pregnancy and Breastfeeding**

If you are pregnant or breastfeeding your baby while using this medicine, please consult your doctor, pharmacist or other healthcare professional for advice.

##### **Using other medicines with Viburcol® N:**

If you are using other medicines on a regular basis, including complementary or traditional medicines, the use of Viburcol® N with these medicines may cause undesirable interactions.

Please consult your doctor, pharmacist or other healthcare professional for advice.

#### **4. How to use Viburcol® N**

Do not share medicines prescribed for you with any other person.

Always use Viburcol® N exactly as your doctor has instructed you. You should check with your doctor or pharmacist if you are unsure.

The usual dose is:

Remove suppository from plastic foil.

In acute disorders, insert one suppository rectally and repeat on several occasions; after alleviation of symptoms, insert one suppository 2-3 times daily.

For infants (from the first day of life) up to six months of age, do not use more than one suppository twice daily.

#### **If you use more Viburcol® N than you should:**

In the event of overdosage, consult your doctor or pharmacist. If neither is available, seek help at the nearest hospital or poison control centre.

#### **If you forget to use Viburcol® N:**

Do not use a double dose to make up for forgotten individual doses.

#### **5. Possible side effects**

Viburcol® N can have side effects.

Allergic skin reactions may occur in rare cases.

Not all side effects reported for Viburcol® N are included in this leaflet. Should your general health worsen while using this medicine, please consult your doctor, pharmacist or other healthcare professional for advice.

If you notice any side effects not mentioned in this leaflet, please inform your doctor or pharmacist.

#### **6. Storing and disposing of Viburcol® N**

Keep all medicines out of the reach and sight of children.

The suppositories should only be subjected to temperatures below 25 °C, since higher temperatures will cause the suppository mass to soften and melt.

#### **7. Presentation of Viburcol® N**

Packs containing 12 suppositories.

#### **8. Identification of Viburcol® N**

White to yellow white (ivory coloured), torpedo-shaped suppositories with a smooth surface.

#### **9. Registration number / Reference number**

To be allocated by the SAHPRA.

#### **10. Name and business address of the holder of the certificate of registration**

ModHomCo (Pty) Ltd  
96 Amsterdam Street

Clubview, 0157 Centurion

**11. Date of publication**

April 2023

This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety or intended use.